

WEST MORRIS REGIONAL HIGH SCHOOLS – January 2026



AVAILABLE DAILY

| | | | |
|-----------------------|---------------------------|---------------------------|--|
| | | |  <p>Pre-Ordered Made-to-Order Boar's Head Deli Sandwiches Assorted Boar's Head Grab & Go Sandwiches</p> <p>Assorted Specialty Pizzas from Dante's Pizza</p>  <p>All-White Meat Chicken Tenders w/ Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll All-Beef Hamburger</p>  <p>White Meat Chicken Tenders in a Variety of Sauces And many of your other favorite Appetizers and Warm Snacks! <i>All Chicken Entrées on the American Grille are Premium White Meat</i> <i>Ms. Carol's Specialty Wraps Available Daily!</i></p> <p>Assorted Grab & Go Salad Specials <i>Assorted salad selections are offered with a Roll</i></p>  |
| | | | |
| | | | |
| Thursday 1 | Winter Break No School | Winter Break No School | |
| Friday 2 | Winter Break No School | Winter Break No School | |



Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

Pomptonian incorporates locally grown produce, when available.

Fruits & vegetables from The Farm Stand are included with lunch.

A complete meal includes: Entrée with Protein/Grain, a Trip to The Farm Stand & a Choice of Milk. Also available daily: Assorted cold beverages, soups, vegetables & fresh & chilled fruit bowl. All Snacks are in compliance with the State's Guidelines. Your comments are important to us. Please e-mail us at comments@pomptonian.com. Menu Subject to Change



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| Monday 5 | Foods Across America North Dakota Hot Dish Casserole: Cheesy Beef Casserole w/ a Tater Tot Crust | Hot Italian Panini w/ Ham, Salami, Pepper Jack Cheese & Hot Peppers | <div style="text-align: center;">  <p>Pre-Ordered Made-to-Order Boar's Head Deli Sandwiches</p> <p>Assorted Boar's Head Grab & Go Sandwiches</p> <p>Assorted Specialty Pizzas from Dante's Pizza</p>  <p>All-White Meat Chicken Tenders w/ Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll All-Beef Hamburger White Meat Chicken Tenders in a Variety of Sauces And many of your other favorite Appetizers and Warm Snacks!</p> <p><i>All Chicken Entrées on the American Grille are Premium White Meat</i></p> <p><i>Ms. Carol's Specialty Wraps Available Daily!</i></p> <p>Assorted Grab & Go Salad Specials Assorted salad selections are offered with a Roll</p>  </div> |
| Tuesday 6 | Macaroni & Cheese w/ a Dinner Roll | Monte Cristo Panini - Ham & Swiss Cheese on French Toast | |
| Wednesday 7 | Nachos Grande w/ Beef, Cheese, Rice & Scoops Chips | Patty Melt – 100% Beef Burger w/ Melty Cheese on Rye Toast | |
| Thursday 8 | Breakfast for Lunch - Cinnamon-Glazed French Toast Sticks w/ Scrambled Eggs & Bacon | Grilled Chicken Florentine Panini w/ Grilled Chicken, Spinach & Tomato | |
| Friday 9 | Variety of House-Made Calzones | Ham & Melted American Cheese | |



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| Monday 12 | Chipotle-Style Burrito Bowl with Choice of Protein, Black Beans, Rice, Pico de Gallo, Guacamole, Cheddar Cheese & Sour Cream | Tuna Melt - Tuna Salad & Provolone Cheese on a Toasted Bagel |
| Tuesday 13 | Breaded Chicken Sandwich w/ Bacon & Ranch Dressing served w/ a Homemade Local Asian Pear & Apple Crisp | Grilled Vegetable Panini w/ Seasonal Grilled Vegetables, Cheese & Italian Dressing |
| Wednesday 14 | Pasta w/ Meatballs & Garlic Toast Points | Hot Salami Panini - Salami w/ Provolone Cheese & Spicy Mustard on a Toasted Bagel |
| Thursday 15 | Sweet & Sour Chicken w/ Vegetable Fried Rice | Asian Chicken Panini - Grilled Chicken w/ Teriyaki Glaze & Fresh Vegetables |
| Friday 16 | Foods Across America Chicago-Style Italian Hot Beef Sandwich dipped in Au Jus | Reuben Panini w/ Corned Beef, Sauerkraut, Swiss Cheese & Thousand Island Dressing |

Deli Central

Pre-Ordered Made-to-Order Boar's Head Deli Sandwiches

Assorted Boar's Head Grab & Go Sandwiches

Assorted Specialty Pizzas from Dante's Pizza



All-White Meat Chicken Tenders w/ Fries
Crispy Chicken Fillet on a Kaiser Roll
Spicy Chicken Fillet on a Kaiser Roll
All-Beef Hamburger

White Meat Chicken Tenders in a Variety of Sauces

And many of your other favorite Appetizers and Warm Snacks!

All Chicken Entrées on the American Grille are Premium White Meat

Ms. Carol's Specialty Wraps Available Daily!

Assorted Grab & Go Salad Specials

Assorted salad selections are offered with a Roll



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| Monday 19 | Foods Across America Oklahoma Fried Taco w/ Local Tomato Salsa | Honey Mustard Chicken Panini w/ Breaded Chicken, Honey Mustard & Provolone Cheese | <div style="text-align: center;">  <p>Pre-Ordered Made-to-Order Boar's Head Deli Sandwiches</p> <p>Assorted Boar's Head Grab & Go Sandwiches</p> <p>Assorted Specialty Pizzas from Dante's Pizza</p>  <p>All-White Meat Chicken Tenders w/ Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll All-Beef Hamburger</p> <p>White Meat Chicken Tenders in a Variety of Sauces And many of your other favorite Appetizers and Warm Snacks!</p> <p><i>All Chicken Entrées on the American Grille are Premium White Meat</i></p> <p>Ms. Carol's Specialty Wraps Available Daily!</p> <p>Assorted Grab & Go Salad Specials Assorted salad selections are offered with a Roll</p>  </div> |
| Tuesday 20 | Tender Tuesday - Whole Muscle Chicken Tenders in a variety of Sauces with Fries | Ham & Swiss Panini | |
| Wednesday 22 | Freshly Made Pancakes w/ choice of Sausage, Bacon, or Taylor Ham | Chipotle Chicken Panini w/ Grilled Chicken, Pepper Jack Cheese & Chipotle Mayonnaise | |
| Thursday 23 | Mashed Potato Bowl - Creamy Mashed Potatoes w/ Popcorn Chicken, Corn & Cheddar Cheese topped w/ Brown Gravy | Grilled Cheese Sandwich w/ Bacon | |
| Friday 24 | Wings & Things - Buffalo, Barbecue or McHale's-Style Wings, bone in or out, served w/ Fries or Onion Rings | Buffalo Chicken Wrap | |

FOOD ALLERGIES

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| Monday 26 | Chicken Teriyaki over White Rice with Sauteed Vegetables and Fried Chicken Dumplings | BBQ Chicken Wrap | <p><i>Deli Central</i></p> <p>Pre-Ordered Made-to-Order Boar's Head Deli Sandwiches</p> <p>Assorted Boar's Head Grab & Go Sandwiches</p> <p>Assorted Specialty Pizzas from Dante's Pizza</p> <p>PIZZA ZONE</p> <p>All-White Meat Chicken Tenders w/ Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll All-Beef Hamburger White Meat Chicken Tenders in a Variety of Sauces And many of your other favorite Appetizers and Warm Snacks! <i>All Chicken Entrées on the American Grille are Premium White Meat</i> Ms. Carol's Specialty Wraps Available Daily!</p> <p>Assorted Grab & Go Salad Specials <i>Assorted salad selections are offered with a Roll</i></p> <p>FRESH FARMSTAND</p> |
| Tuesday 27 | Meatball Parmesan Hero | Asian-Style Beef Bahn Mi | |
| Wednesday 28 | Grilled Chicken over Penne Pasta w/ a Tangy Pink Sauce | Breakfast Wrap w/ Eggs, Bacon, Cheddar Cheese & Hash Browns | |
| Thursday 29 | Penne Alfredo with Grilled Chicken & Garlic Bread | Chicken, Bacon, Ranch Panini | |
| Friday 30 | West Morris Burger - 100% Beef Burger w/ Onion Straws, Cheddar Cheese, Tangy Barbecue Sauce & Bacon on a Bun | Pork Torta featuring Shredded Pork w/ Diced Onion, Cilantro & Lime | |



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